



JENNIFER W. PENNOYER, M.D.
Medical & Surgical Dermatology
Laser & Cosmetic Skin Care

Virtue Smart RF

Pre-Care:

- Avoid Sun Exposure (1-2 weeks)
- Suspend Accutane (4-6 months)
- No Aspirin or blood thinners, including supplements (7-10 days)
- Confirmed No Exclusionary Criteria
- Discussed Considerations/Contraindications
- Patient History Review
- Consent Form
- Expectations/Lifestyle
- Photos

Post Treatment:

- Apply Microcurrent Dual Facemask for comfort and best results
- Do not rub the area while bathing/Avoid Hot Water (24 hours)
- No additional skincare products (moisturizer, sunscreen, makeup) for 24 hours
- Use ointments/lotion on irritated area
- No sauna/Hot Yoga/Extreme Workout (48 hours)
- No exfoliant
- Sun-block of SPF 50 should be worn
- No Tanning or Sun Exposure