



JENNIFER W. PENNOYER, M.D.
Medical & Surgical Dermatology
Laser & Cosmetic Skin Care

INTENSE PULSED LIGHT PHOTOFACIAL

Skin Care after Treatment of Pigmented Lesions

1. A mild sunburn-like sensation is expected after your treatment. This usually lasts 2-24 hours, but can persist up to 72 hours. Mild swelling and/or redness can accompany this, which usually resolves in 2-3 days. In rare cases, prolonged redness and blisters can occur.
2. The lesion may initially look raised and/or darker, with a reddened perimeter.
3. The lesion will gradually turn darker over the next 24-48 hours. It may turn dark brown or even black.
4. The lesion will progress to scabs or crusting and will start to fall off in 5-7 days.
5. Do not pick, scratch, or remove scabs. This will prevent unwanted side effects, such as permanent scarring.
6. The lesion is usually healed in 7-10 days. It will continue to fade over the next 2-4 weeks.
7. Make-up can be used as long as the skin is not broken.
8. Bathe and shower as usual. Treated areas may be temperature-sensitive and feel hotter in a hot shower or bath. Avoid aggressive scrubbing or exfoliating. Do not use loofa sponges, scrub brushes, or other exfoliating products until redness on the treatment area has completely resolved.
9. Avoid direct sun exposure for 2-3 weeks after your treatment. If you do go in the sun, protect the treatment area(s) with a sunblock of 30 SPF or higher.
10. If you have any questions or concerns, please call our office at 860-243-3020.